





Benefits of Massage

-  Massaging helps to open blood vessels and improve blood circulation, maintaining your pet's well-being and expediting recovery
-  Massage techniques may be used to reduce stress on a nervous or anxious animal
-  Spending time touching your companion helps to strengthen the human-animal bond
-  Using your hands with palpation techniques can help you discover potential abnormalities in your dog

BACK

Massaging here, on both sides of the spine just above the stomach, will relieve pains associated with stomach illnesses and vomiting.

EARS

The ears of your dog are like a reflection of their overall physique. Massaging the ear and ear flaps will relax and invigorate her entire body.

HEAD

Massaging a dog's head will help relax the dog. Pay particular attention to the temples and areas above the eyes. Pressure points near the eye are associated to the stomach, bladder and gallbladder.

FRONT LEGS/ ELBOW

Working in the crease behind your dog's elbow will help him cope with infections and allergies

BACK TOES

Many meridians, or energy pathways throughout the body, begin or end on the sides of your dog's toes. Massage each toe or the entire foot for all-over well-being.

Tips

- 1** Use a steady hand and a consistent speed to avoid creating stress
- 2** Massage in a relaxed environment, away from external stresses and other dogs
- 3** Start with light pressure and if the dog is comfortable, only then should you apply more

Contact your veterinarian or canine massage specialist before attempting advanced techniques on your dog.